

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>8:30 Emma Mixed-level Reformer</div> <div>9:30 Emma Mixed-level Reformer</div> <div>10:30 Emma Mixed-level Reformer</div>	<div>09:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Mixed-level Reformer</div> <div>12:30 Sarah Private Session</div> <div> 13:30 Sarah K7: Reformer Pilates</div> <div>18:00 Sarah Dynamic Reformer!</div>	<div>09:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Gentle Reformer</div> <div>11:30 Sarah Advanced Reformer</div> <div>13:00 Emma Mixed-level Reformer</div> <div> 13:30 Sarah K7: Mat Pilates</div> <div>17:00 Alana Mixed-level Reformer</div> <div>18:00 Alana Mixed-level Reformer</div> <div>19:00 Alana Mixed-level Reformer</div>	<div>09:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Mixed-level Reformer</div> <div>11:30 Sarah Private Class</div> <div>12:30 Sarah Lunch Time Blast!</div> <div> 13:30 Sarah K7: Reformer Pilates</div> <div>17:00 Julia Mixed-level Reformer</div> <div>18:00 Julia Mixed-level Reformer</div> <div>19:00 Julia Mixed-level Reformer</div>	<div>9:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Gentle Reformer</div> <div>11:30 Sarah Private Session</div> <div>12:30 Sarah Stretch & Release</div> <div> 13:30 Sarah K7: Mat Pilates</div> <div>14:30 Emma Mixed-level Reformer</div> <div>18:00 rota pop-up classes ad hoc</div>	<div>09:30 rota Mixed-level Reformer</div> <div>10:30 rota Mixed-level Reformer</div> <div>11:30 rota Mixed-level Reformer</div>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>09:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Mixed-level Reformer</div> <div>12:30 Sarah Private Session</div> <div> 13:30 Sarah K7: Reformer Pilates</div> <div>18:00 Sarah Dynamic Reformer!</div>	<div>09:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Gentle Reformer</div> <div>11:30 Sarah Advanced Reformer</div> <div> 13:30 Sarah K7: Mat Pilates</div>	<div>09:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Mixed-level Reformer</div> <div>11:30 Sarah Private Class</div> <div>12:30 Sarah Lunch Time Blast!</div> <div> 13:30 Sarah K7: Reformer Pilates</div>	<div>9:30 Sarah Mixed-level Reformer</div> <div>10:30 Sarah Gentle Reformer</div> <div>11:30 Sarah Private Session</div> <div>12:30 Sarah Stretch & release</div> <div> 13:30 Sarah K7: Mat Pilates</div> <div>18:00 rota Jump! / Disco / Advanced / Specials</div>	<div>09:30 rota Mixed-level Reformer</div> <div>10:30 rota Mixed-level Reformer</div> <div>11:30 rota Mixed-level Reformer</div>